WORDS OF ENCOURAGEMENT

## April 10, 2019

**Spirit Over Mind**

Romans 8:6

Have you heard the saying “Mind over Matter”? It is a philosophy that requires the use of willpower to overcome a physical problem such as making a New Year’s resolution to lose weight or the use of positive thinking to overcome adverse situations. Sadly, many who live by this philosophy often fail miserably as their willpower diminishes leaving them unable to overcome their physical problem, namely their sinful nature.

The word of G-d tells us in Romans 8:6 that “*Having one’s mind controlled by the old nature is death, but having one’s mind controlled by the Spirit is life and shalom.”* As Believers in Yeshua, we do not rely on willpower to overcome sin, we rely on the Power of the Ruach HaKodesh (Holy Spirit). When we submit our minds to the Spirit our old nature (sin) is put to death, freeing us from lust, fear, worry, and every wicked thing that tries to overtake us. As our old nature is rendered powerless, we are empowered to overcome every sinful thought, every sinful action and every adverse situation. We are enabled to produce the fruit that pleases Adonai. Make the decision today to let your mind be controlled by the Spirit. Your success is guaranteed and fulfilled by the Power of the Ruach HaKodesh.

*Friends of the Bridegroom Messianic Ministries*

*“Proclaiming the TRUTH by Divine Appointment”*